



## Fact Sheet for Student Exchange Programs 2023–2024















Faculty of Human Sciences | FCH  
Universidade Católica Portuguesa  
(Erasmus code: P LISBOA01)

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UCP Institutional Coordinator for International Relations	<b>Prof. Isabel Vasconcelos</b> <a href="mailto:gcoutinho@ucp.pt">gcoutinho@ucp.pt</a>   Tel.: +351 21 726 58 38 <a href="http://www.ucp.pt">www.ucp.pt</a>
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ACADEMIC INFORMATION 2023–2024	Fall Semester	Spring Semester
Nomination Deadlines	31 May 2023	31 October 2023
Application Deadlines	30 June 2023	30 November 2023
Guidance Sessions	Early September 2023	Early February 2024
Academic Semesters	September 2023 to January 2024	February to June 2024
Appeal Examinations 2023–2024 Academic Year	July 2024	



<b>Standard for Languages of Instruction</b>	Portuguese — CEFR Level B1 English — CEFR Level B2
<b>LAC (Liberal Arts Curriculum)</b>	<p>Universidade Católica Portuguesa offers a <i>Liberal Arts Curriculum</i> in English in the 2022–2023 academic year. This <i>curriculum</i> allows incoming students to attend some course units lectured in English available in other faculties and institutes of the <a href="#">Lisbon campus</a>. Students must, however, enrol in at least 51% of their total ECTS credits at the Faculty of Human Sciences.</p> <p>Students who are interested in taking course units under the LAC should ask information about the availability of these courses at the beginning of the application process.</p>
<b>Academic Programmes</b>	<p>Courses offered in English and in Portuguese:</p> <ul style="list-style-type: none"><li>- <a href="#">Undergraduate Study Program</a></li><li>- <a href="#">Master's degrees</a></li></ul> <p><b>Undergraduate Degrees:</b></p> <ul style="list-style-type: none"><li>- <a href="#">Philosophy, Politics and Economics (PPE)</a>  </li><li>- <a href="#">Communication and Cultural Sciences</a> </li></ul> <p>(Specialisation in Media and Journalism, Communication, Marketing and Public Relations, Cultural and Touristic Communication and Audiovisual and Multimedia.)</p> <ul style="list-style-type: none"><li>- <a href="#">Social Work</a> </li><li>- <a href="#">Psychology</a> </li><li>- <a href="#">Applied Foreign Languages (LEA)</a> </li></ul> <p>(Specialisation in Business Relations, Translation and Portuguese as Foreign Language).</p> <p><b>Master's Degrees:</b></p> <ul style="list-style-type: none"><li>- <a href="#">Communication Studies</a>  </li></ul> <p>(Specialisation in Communication, Marketing and Advertising, Strategic Communication and Leadership, Communication and Digital Transformation; Journalism and Media and Entertainment.)</p> <ul style="list-style-type: none"><li>- <a href="#">Asian Studies</a> </li><li>- <a href="#">Culture Studies</a> / <a href="#">The Lisbon Consortium</a> </li><li>- <a href="#">Psychology in Business and Economics</a> </li><li>- <a href="#">Psychology of Wellbeing and Health Promotion</a> </li><li>- <a href="#">Social Work</a> </li><li>- <a href="#">Translation</a> </li></ul>



**INFORMATION FOR INCOMING EXCHANGE STUDENTS:**

<p><b>Portuguese Language Course</b></p>	<p><b>Portuguese Course</b> (6 ECTS) Four hours and a half (4h30) a week during the semester. <b>Fee</b> €200 per semester (academic year 2022-2023) For further information contact <b>Clementina Santos</b> (<a href="mailto:c.santos@ucp.pt">c.santos@ucp.pt</a>).</p>
<p><b>Health Insurance Requirements</b></p>	<p><b>EU students:</b> European Health Insurance Card (EHIC) <b>Non-EU students:</b> Private Health insurance</p>
<p><b>Online Application</b></p>	<p>Students will receive an email with the hyperlink to the online application form after being nominated by their home university. Students should submit their application online and provide additional documents: transcript of records and identity card or passport.</p>
<p><b>Accommodation</b></p>	<p>The International Relations Office provides a list of suggestions with websites and platforms that announce accommodation offers. We suggest students start looking for accommodation well in advance, due to the high-level of demand in Lisbon nowadays.</p> <p>Universidade Católica Portuguesa has a private <a href="#">Female Student Residence Hall</a> in Lisbon. Students should contact the Residence Hall for further information.</p>
<p><b>Lisbon: Cost of Living</b></p>	<ul style="list-style-type: none"> <li>• Living in Lisbon is affordable. Students can spend an average of €750 / €900 per month.</li> <li>• Housing (per month): €350 to €500</li> <li>• Food (per month): €250 to €300</li> <li>• Meal in the university canteen: ~ €5</li> <li>• Meal at a restaurant: €10 to €15</li> <li>• Coffee (Espresso): €0.70</li> <li>• Transportation (monthly pass): ~€30 (Lisbon only), ~€40 (Greater Lisbon Area)</li> <li>• (25% discount for students aged 23 or under)</li> <li>• Subway ticket: €1.50</li> <li>• Cinema: €6–8    Museum: ~€10</li> <li>• Nightclubs: about €15 / € 20</li> </ul>

*Lisbon, January 2022*